

Brazilian Jiu-Jitsu Belt Testing Requirements

<p>Yellow Belt 2 Months</p>	<p>2 Attacks (mount, side control, knee on stomach or Headlock) 2 Sweeps or Attacks (From the Guard) 2 Escapes (Mount, Side Control, Knee on Stomach or Headlock) 1 Guard Pass</p>
<p>Orange Belt 2 Months</p>	<p>4 Attacks (Mount, Side Control, Knee on Stomach or Headlock) 4 Sweeps or Attacks (From the Guard) 4 Escapes (Mount, Side Control, Knee on Stomach or Headlock) 2 Guard Pass</p>
<p>Green Belt 2 Months</p>	<p>6 Attacks (Mount, Side Control, Knee on Stomach or Headlock) 6 Sweeps or Attacks (From the Guard) 6 Escapes (Mount, Side Control, Knee on Stomach or Headlock) 3 Guard Pass</p>
<p>Blue Belt 2 Months</p>	<p>20 Attacks (Mount, Side Control, Knee on Stomach, 69, Headlock) 20 Attacks or Sweeps (From the Guard) 5 Guard Passes 5 Attacks from the Back (On all Fours, Wrestlers Position, Hooks In) 5 Escapes/Attacks from the Back Bottom (On all Fours, Wrestlers Position, Hooks In) 5 Escapes (Mount, Side Control, Knee on the Stomach, 69, Headlock) Wrestle 2 - 6 minute rounds</p>
<p>Adv. Blue Belt 14 Months</p>	<p>1/2 Purple Belt Requirements</p>
<p>Purple Belt 14 Months</p>	<p>30 Attacks (Mount, Side Control, Knee on Stomach, 69, Headlock) 30 Attacks or Sweeps (From the Guard) 10 Guard Passes 10 Attacks from the Back (On all Fours, Wrestlers Position, Hooks In) 8 Escapes/Attacks from the Back Bottom (On all Fours, Wrestlers Position, Hooks In) 10 Escapes (Mount, Side Control, Knee on the Stomach, 69, Headlock) Defend Getting Hit (Guard, Side Control) Wrestle 3 - 7 minute rounds</p>
<p>Adv. Purple Belt 6 Months</p>	<p>1/2 Brown Belt Requirements</p>
<p>Brown Belt 12 Months</p>	<p>40 Attacks (Mount, Side Control, Knee on Stomach, 69, Headlock) 40 Attacks or Sweeps (From the Guard) 15 Guard Passes 15 Attacks from the Back (On all Fours, Wrestlers Position, Hooks In) 10 Escapes/Attacks from the Back Bottom (On all Fours, Wrestlers Position, Hooks In) 15 Escapes (Mount, Side Control, Knee on the Stomach, 69, Headlock) Defend Getting Hit (Guard, Side Control, Mount) Wrestle 3 - 8 minute rounds</p>
<p>Adv. Brown Belt 6 Months</p>	<p>1/2 Black Belt Requirements</p>
<p>Black Belt 12 Months</p>	<p>60 Attacks (Mount, Side Control, Knee on Stomach, 69, Headlock) 60 Attacks or Sweeps (From the Guard) 20 Guard Passes 20 Attacks from the Back (On all Fours, Wrestlers Position, Hooks In) 12 Escapes/Attacks from the Back Bottom (On all Fours, Wrestlers Position, Hooks In) 20 Escapes (Mount, Side Control, Knee on Stomach, 69, Headlock) Defend Getting Hit (Guard, Side Control, Mount, Knee on the Stomach) Wrestle 3 - 10 minute rounds</p>