

# Haidong Gumdo

## Color Belt Testing Requirements

Cup	Belt	Requirements	Physical Fitness	Ki Test
	1st Dan Black Belt	All Sang Soo Gumbups 1-12 All Gyukgums 1-12 Shimsang Gumbup	Youth-20 Pushups w/5 Fingers Adults-16 Pushups w/3 Fingers	Candle Snuffing 5 Candles
1st	High Red Belt	1/2 Shimsang Gumbup	Youth-16 Pushups w/5 Fingers Adult-16 Pushups w/4 Fingers	
2nd	Red Belt	Sang Soo Gumbup Ship Ee Bun Gyukgum #12	Youth-12 Pushups w/5 Fingers Adult-20 Pushups w/5 Fingers	Candle Snuffing 4 Candles
2nd	High Brown Belt	1/2 Sang Soo Gumbup Ship Ee Bun Gyukgum #12	Youth-12 Pushups w/5 Fingers Adult-20 Pushups w/5 Fingers	
3rd	Brown Belt	Sang Soo Gumbup Ship JL Bun Gyukgum #11	Youth-8 Pushups w/5 Fingers Adult-16 Pushups w/5 Fingers	Candle Snuffing 3 Candles
3rd	High Purple Belt	Sang Soo Gumbup Ship Bun Gyukgum #10	Youth-8 Pushups w/5 Fingers Adult-16 Pushups w/5 Fingers	
4th	Purple Belt	Sang Soo Gumbup Koo Bun Gyukgum #9	Youth-12 Pushups w/Fists Adult-20 Pushups w/Fists	Candle Snuffing 2 Candles
4th	High Blue Belt	Sang Soo Gumbup Pal Bun Gyukgum #8	Youth-12 Pushups w/Fists Adult-20 Pushups w/Fists	
5th	Blue Belt	Sang Soo Gumbup Chil Bun Gyukgum #7	Youth-8 Pushups w/Fists Adult-16 Pushups w/Fists	Candle Snuffing 1 Candle
5th	High Green Belt	Sang Soo Gumbup Yook Bun Gyukgum #6	Youth-8 Pushups w/Fists Adult-16 Pushups w/Fists	
6th	Green Belt	Sang Soo Gumbup Oh Bun Gyukgum #5	Youth-16 Pushups Adult-20 Pushups	Paper Cutting Cross Cut
6th	High Orange Belt	Sang Soo Gumbup Sah Bun Gyukgum #4	Youth-16 Pushups Adult-20 Pushups	
7th	Orange Belt	Sang Soo Gumbup Sam Bun Gyukgum #3	Youth-12 Pushups Adult-16 Pushups	Paper Cutting Straight Cut
7th	High Yellow Belt	Sang Soo Gumbup Ee Bun Gyukgum #2	Youth-12 Pushups Adult-16 Pushups	
8th	Yellow Belt	Sang Soo Gumbup JL Bun Gyukgum #1	Youth-8 Pushups Adult-12 Pushups	Ki Gong